

• **Size Quest** •

➤ **Overview:**

Since the concept of size is relative, the best way to teach preschoolers about big and small is to help them compare and describe the things they see around them.

➤ **Directions:**

Cut the cards apart, place them in a bag, and have your child select one at a time (or have your child mark the chart as each activity is completed). Complete the activities together. This game can be completed in short intervals of time, over several days.

➤ **Extensions:**

Adapt this activity to compare and describe things in your child's environment that are tall and short, long and short, wide and narrow, or thick and thin. In addition, help your child understand that some things might appear differently when they are far away. While taking a walk together, point out distant objects and talk about their size as you get closer.

Smile at someone (or something) smaller than you.	Touch something that is smaller than your house.
Find something small that will fit inside your pocket.	Point to something that is bigger than your pillow.
Jump on something smaller than your foot.	*Touch something that is bigger and smaller than you at the same time.
Hide behind something bigger than you.	Find something that is bigger than your nose.
Find a ball small enough to hold in one hand.	Stand next to something that is (about) the same size as you.
Pretend to pick up something bigger than you.	Show an adult the smallest thing you can find.
Put 3 items smaller than your ear in a row. (They can be 3 different items)	Dance around something that is bigger than a car.
Draw something bigger than your little finger.	Look for something bigger than you that you can stand underneath.
Tell an adult the biggest thing you see.	Wave to a person bigger than you.

🕒 \*Encourage your child to show you how the object is both bigger and smaller. For example, your child might say a tree is bigger than him but the leaves on the tree are smaller.