

# Alpha

Lesson	Title	Time (min:sec)
Introduction	Introduction	11:42
Lesson 1	Place Value and the Manipulatives	21:49
Lesson 2	Counting to 20	4:06
Lesson 3	Unit Bars	2:48
Lesson 4	Addition: Symbols, +0	6:28
Lesson 5	Addition: +1, Commutative Property	2:50
Lesson 6	Counting To 100, Skip Counting by 10	5:53
Lesson 7	Addition: +2	6:03
Lesson 8	Solve for Unknown	3:46
Lesson 9	Addition: +9, Mental Math	4:42
Lesson 10	Addition: +8	4:31
Lesson 11	Shapes: Circles and Triangles	4:20
Lesson 12	Addition: Doubles	3:25
Lesson 13	Rectangles, Squares; Skip Counting by 5	4:54
Lesson 14	Addition: Doubles +1	2:32
Lesson 15	Addition: Making 10	3:49
Lesson 16	Addition: Making 9	2:14
Lesson 17	Addition of the Extras: $3 + 5$ , $4 + 7$ , $5 + 7$	2:50
Lesson 18	Introduction to Subtraction	8:28
Lesson 19	Subtraction: $-1$ and $-0$	5:31
Lesson 20	Subtraction: $-2$	5:00
Lesson 21	Subtraction: $-9$	4:33
Lesson 22	Subtraction: $-8$	2:50
Lesson 23	Subtraction: Doubles	2:49
Lesson 24	Subtraction: Making 10	2:53
Lesson 25	Subtraction: Making 9	2:46
Lesson 26	Subtraction: Extras	2:29
Lesson 27	Subtraction by 7, or Adding Up by 3	2:39
Lesson 28	Subtraction by 6, or Adding Up by 4	2:08
Lesson 29	Subtraction by 5, or Adding Up by 5	1:53
Lesson 30	Subtraction by 3 and 4	2:26
Appendix A	Telling Time: Minutes	6:59
Appendix B	Telling Time: Hours	7:24